

Multi-Ethnic Study of Atherosclerosis
Exam 2



Seated Blood Pressure

Id#:

Acrostic: _____

Date: / /
Month Day Year

Dinamap number:

1 Arm circumference: cm
ARMCM1

2 Cuff size: **CUFFSZ1**
☐ Small Adult (17-25cm)
☐ Adult (25.1-33cm)
☐ Large Adult (33.1-40cm)
☐ Thigh (40.1-50cm)

Seated Blood Pressure

3 First reading: **SBP** **S1BP1**
DBP **D1BP1**
Record time of day **BPTM1** **AM**

4 Second reading: **SBP** **S2BP1**
DBP **D2BP1**

5 Third reading: **SBP** **S3BP1**
DBP **D3BP1**

6 Room Temperature: **RMTE** Fahrenheit

Alerts and Referrals

Use the mean of the second and third blood pressure measurements for alerts and follow the criteria below:

Blood Pressure Values	Action
1. Diastolic blood pressure greater than 120mmHg OR Systolic blood pressure greater than 210mmHg	1. <i>Immediate referral to a health care provider</i>
2. Diastolic blood pressure of 110-119mmHg OR Systolic blood pressure of 180-209mmHg	2. <i>Referral to a health care provider within one week</i>
3. Blood pressure greater than 140/90mmHg	3. <i>Requires follow-up within two months</i>

Technician ID#:

For MESA Field Center Use Only

Compute means from 2nd and 3rd readings Mean SBP _____
Mean DBP _____

Reviewer ID#:

Data Entry ID#: